

**CITY OF ST. PETERSBURG ADMINISTRATIVE POLICY #090130**

**SUBJECT: Healthy Vending Standards**

**APPROVAL: Rick Kriseman, Mayor**

**EFFECTIVE DATE: 8/25/16**

**REPLACES POLICY DATED: N/A**

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**Synopsis:** The City is committed to the health and wellness of its employees and the community at large through its Healthy St. Pete initiative. One component of Healthy St. Pete is to promote access to healthier food and beverage options in the community. Providing access to healthier options in the vending machines located in City-owned and operated facilities will support this mission for both employees and the citizens we serve. Below are the established expectations and standards.

**Policy:** Vending machines in City-owned and operated facilities that serve employees and the general public will contain products that comply with the Department of Health and Human Services, General Service Administration, and the American Heart Association Nutrition Standards for Vending Machines.

1. For all snack foods, choices will comply with the following standards:
  - contain no more than 200 calories per servings (except nuts and fruit/nut mixes);
  - have no more than 230 mg of sodium per serving;
  - have zero grams of trans fat per serving;
  - limit total calories from saturated fat to less than 10% (except nuts and fruit/nut mixes);
  - no regular chips permitted (baked chips and pretzels are acceptable);
  - limit calories from sugar to less than 35% of total weight (excluding fruits or vegetables);
  - preferred serving for plain nuts is 1.5 oz.;
  - if grains are offered (e.g. crackers, breads, cereals) at least 50% of the grain ingredients are whole grain as determined by the product listing whole grain as the first ingredient.
  
2. For all vending beverages, at least 75% of the offerings will include:
  - water (including sparkling, seltzer, or flavored) that contains no more than 10 calories per serving;
  - 100% fruit juice (or juice water) with no added sugars /sweeteners (except for non-nutritive sweeteners);
  - Fat-free (skim) or low-fat (1%) milk and milk alternatives (soy, almond, etc.);
  - other beverages that have less than 25 calories per serving.
  
3. For both food and beverages, each vending machine will display the total calorie content for each item sold, and labeling should be consistent with federal law for calorie labeling of vending machines.

4. This policy shall not apply to vending machines located at the Golf Courses and the Marina.

**Implementation:** City-owned and operated facilities with vending machines will select appropriate vendors to supply foods and beverages that meet the nutritional guidelines above, which will comply with all applicable City and State procurement laws and rules.

All vending machines in City-owned operated facilities will be in full compliance the above standards no later than August 31, 2017.

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**Resource Documents:** Department of Health and Human Services, General Service Administration, and the American Heart Association Nutrition Standards for Vending Machines.

**Contact:** Deputy Mayor